Thursday Friday Wednesday Monday Tuesdav In the depth of winter, I finally learned that within me there lay an invincible 7:30am: Coffee Closed summer. - Albert Camus Closed 10 7:30am: Coffee 7:30am: Coffee 7:30am: Coffee 7:30am: Coffee 10am: Wellness 9am: Holistic Hour 10am: Games & Gab 10am: Garden Group Closed 12pm: Lunch 10am: Tech Connect 12pm: Lunch 12:30pm: Tech Connect 1pm: Women's Support 1pm: Handi Work 17 13 14 15 16 7:30am:Coffee 7:30am: Coffee 7:30am: Coffee 7:30am: Coffee 10am: Men's Group 10am: Games & Gab 10am: Tech Connect Closed 10am: Wellness 10am: Garden Group 12:30pm: Tech Connect 12pm: Lunch 1pm: Handi Work 12pm: Lunch 21 22 23 24 20 7:30am: Coffee 7:30am: Coffee 7:30am: Coffee 7:30am: Coffee 9am: Holistic Hour 6-8pm: 10am: Wellness 10am: Games & Gab 10am: Garden Group **Break Time!** 12pm: Lunch 10am: Tech Connect 12:30pm: Tech Connect 12pm: Lunch 1pm: Women's Support 1pm: Handi Work 28 29 30 27 31

This Month's Special Info

On-Site Lunches:

Monday & Wednesday at noon, we serve nutritious & delicious catered lunches from Don Bosco. Reservations required. Learn more on our website!

Wellness Wednesdays:

Every Wednesday at 10am join us for movement and wellness as we practice yoga, reiki, tai chi chih, and much more!

Garden Mondays:

Garden Group is moving to Mondays in 2025. Join us and learn tips, tricks, and enjoy fresh garden snacks every 2nd & 4th Monday at 10am.

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7:30am:Coffee 10am: Men's Group 10am: Garden Group 12pm: Lunch

7:30am: Coffee 10am: Games & Gab 12:30pm: Tech Connect

7:30am: Coffee 10am: Wellness 12pm: Lunch

7:30am: Coffee 10am: Tech Connect 1pm: Handi Work

Closed

January

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Info
In the depth of winter, I finally learned that within me there lay an invincible summer Albert Camus		1 HAPPY NEW YEAR 2025 Closed	No Lunch	3 Closed	All are welcome! Every Monday & Wednesday at noon, we serve nutritious& delicious catered lunches
Chicken Fried Rice Stir Fry Veggies Cole Slaw Pineapple	7 No Lunch	Taco Salad Shredded Cheddar Pinto Beans Orange	9 Church Lunch Bunch	10 Closed	from Don Bosco. Reservations required. Learn more on our website! Make a reservation Got tech questions? We have answers! Join us for specific topics or general tech classes. Spread the word! In addition to our lunch program, we also have a monthly Community Dinner, this month on December 27th. All are welcome to this free community dinner!
Meat Loaf County Veggies Mashed Potatoes Pears	14 No Lunch	Scrambled Eggs Sausage Links Hash Browns Apple Sauce	16 Church Lunch Bunch	17 Closed	
20 Pizza Party!	21 No Lunch	Battered Tilapia Cole Slaw Sweet Potatoes Peaches	Church Lunch Bunch	6-8pm: Break Time!	
Chicken Breast Potatoes Au Gratin Broccoli	28 No Lunch	Tuna Noodle Casserole Cauliflower & Peas Cucumber Salad	30 Church Lunch Bunch	31 Closed	Parkville Living Center 816-741-6824

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Banana

Pineapple