

March

Monday

4
7:30am-2pm:
Coffee Time
1pm: Music Makers

11
7:30am-2pm:
Coffee Time
1pm: Music Makers

18
7:30am-2pm:
Coffee Time
1pm: Music Makers

25
7:30am-2pm:
Coffee Time
1pm: Music Makers

Tuesday

5
7:30am-2pm:
Coffee Time
10am: Cards & Games
12:30 pm: Tech Connect

12
7:30am-2pm:
Coffee Time
10am: Cards & Games
12:30 pm: Tech Connect

19
7:30am-2pm:
Coffee Time
10am: Cards & Games
12:30 pm: Tech Connect

26
7:30am-2pm:
Coffee Time
10am: Cards & Games
12:30pm: Tech Connect

Wednesday

6
7:30am-2pm:
Coffee Time
10am: Cards & Games

13
7:30am-2pm:
Coffee Time
10am: Cards & Games
10am: Garden Group

20
7:30am-2pm:
Coffee Time
10am: Cards & Games
6-8pm: PHSD
Candidate Forum

27
7:30am-2pm:
Coffee Time
10am: Cards & Games
10: Garden Group

Thursday

7
9am-2pm: Coffee Time
9am: Holistic Hour
10am: Tech Connect

14
7:30am-2pm:
Coffee Time
10am: Tech Connect
10:30am: Job Seekers
Workshop - Resumes

21
7:30am-2pm: Coffee Time
9am: Holistic Hour
10am: Tech Connect

28
7:30am-2pm:
Coffee Time
10am: Tech Connect

Friday

8
Closed

15
Closed

22
6-8pm:
Breaktime!
Community Dinner

29
Closed

This Months Info

PHSD Candidate Forum:
We will hear from the three candidates competing for the two spots available on the Park Hill School Board - 3/20 @ 6pm

Holistic Hour:
First and Third Thursdays at 9am for a peaceful time of guided meditation tailored to participants' needs.

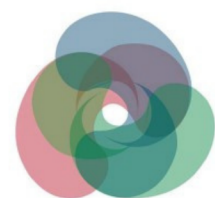
Garden Group:
Second and Fourth Wednesdays at 10am each week for Garden tips, tricks, and treats!

Tech Connect:
Tuesdays at 12:30pm and Thursdays at 10am we meet to discuss our recent challenges, troubles, or adventures with technology from smart watches to laptops.

Parkville Living Center

819 Main Street, Parkville, MO | 816-741-6824 | <https://parkvillelivingcenter.org>

“She is clothed in strength and dignity
and she laughs without fear of the future”
- Anonymous Gaelic Saying



PARKVILLE LIVING CENTER PROGRAM GUIDE



Break Time!

Everyone needs a break every once and a while, and the Parkville Living Center wants to give you that break. Come out and enjoy a free and family friendly community meal. We have spaces to play games, have conversation, or just relax.

Townhall Forum

We bring in speakers to talk about local services, organizations, and civic engagement on a quarterly basis to not only present, but engage with our community. Join us for an engaging and local topic during our quarterly Town Hall Forums.

Tech Connect

Do you have questions about your phone, tablet, or computer? Do you need help understanding social media or a smart watch? Join us every Tuesday at 10am and Thursday at noon and get some help and education in a group style environment.

Coffee Time

We are open Monday thru Thursday, from 7:30am to 2pm. We always have a hot pot of Parkville Coffee and comfy chairs. Make yourself at home and enjoy come time to yourself or meet up with others at the Parkville Living Center's Coffee Time.

Garden Group

Come to share and learn, as we grow a garden group! All are welcome. Our instructor, Myriam Totta from Raising Gardens, is here the Second and Fourth Wednesday of each month from 10am to noon to facilitate this group and share her wisdom.

Holistic Hour

Join us for an hour (and a half) of reflexology and guided meditation led by Pat Cole, RN and Certified Integrative Reflexologist. Come learn how to apply reflexology practices to yourself and spend some time in peaceful meditation. 1st and 3rd Thursdays.

Pet Power

Share your fur baby with others! We connect folks in situations where they can't have their pets with them, like senior living facilities and shelters. We register volunteers and sites, and connect them! Everyone could use a little unconditional pet love!

Money Talk

Need budget coaching or just someone to talk to about your finances? We have volunteers who journey along side you as you learn more about and navigate personal finances.

AND MORE!

We invite you to learn more about the various programs we have. Stop by between 7:30am and 2pm, Monday through Thursday.

More info at ParkvilleLivingCenter.org - 819 Main St, Parkville, MO (South Building Entrance)